

Creole Blend



Recipe Adapted from Recipes from a Pantry by Bantu

- 1/2 Tbsp dried thyme
 1/4-1/2 Tbsp cayenne
- 1/2 Tbsp dried basil
- 3/4 Tbsp salt
- 1 Tbsp garlic powder
- 1 Tbsp onion powder
- 1 Tbsp black pepper
- 1 Tbsp Dried Oregano
- 3 Tbsp paprika



Greek Blend



Recipe Adapted from Recipes from a Pantry by Bantu

- 1/2 Tbsp thyme • 1/2 tsp ground cinnamon
- pepper
- 1/2 Tbsp ground black
- 1/2 Tbsp salt
- 1/2 Tbsp dill weed
- 1 Tbsp onion powder
- 1 Tbsp dried basil • 1 Tbsp garlic powder
- 1.5 Tbsp dried oregano



Italian Blend



Recipe Adapted from Recipes from a Pantry by Bantu

- 1 Tbsp basil
- 1 Tbsp dried oregano
- 1 Tbsp dried rosemary
- 1/2 Tbsp dried thyme



Curry Blend



Recipe Adapted from The Vegan 8

• 3 Tbsp turmeric • 3 Tbsp ground coriander • 1 Tbsp +1/2 tsp ground cumin • 1.5 tsp garlic powder • 3/4 tsp cinnamon • 3/4 tsp cayenne • 3/4 tsp ground ginger • 1.5 tsp black pepper



Taco Blend



Recipe Adapted from The Modern Proper

- 1 Tbsp chilli powder
- 1 Tbsp salt
- 1 Tbsp paprika
- 1 Tbsp cumin
- 1 Tbsp Onion Powder
- 1 Tbsp Garlic Powder
- 1 Tbsp oregano
- 1/2 Tbsp pepper