

May 4, 2021

We at the Dean of Student's Office and the Counseling Center understand that that this a stressful time of worry and uncertainty for students as we hope and pray for the safe return of Buffalo State student, Saniyya Dennis. We know that you are also facing the challenges associated with finishing your coursework during a year that has already been filled with distress related to pursuing your academic goals during the pandemic. Please know that the Counseling Center is here to support you.

The Counseling Center and the Newman Center will provide an opportunity for Buffalo State students to share how they have been emotionally and psychologically impacted by this situation. **The Counseling Center will host a drop-in virtual listening circle Wednesday 5/5/21 at 3:00 p.m. Pre-registration is not required. Zoom information below:**

https://us02web.zoom.us/j/4393816700

If you need assistance processing your emotions at this time, our counselors are available to assist. We encourage you to connect with the <u>Counseling Center</u> at 716-878-4436. Click on the link below for additional resources.

Additional Resources