



# BUFFALO STATE

The State University of New York

Addressing the needs of our community is a priority for Buffalo State University. Whether it's food or housing insecurity, mental and emotional health concerns, financial need, or physical wellbeing, the institution is here to provide support for students, faculty, staff, and community members. Bengals care for each other, and basic needs security has been shown to have a direct impact on overall wellness, academic performance, and professional development. We have provided a list of resources, both on campus and off, for our community to access care and support.

24/7 mental health support can be accessed by calling or texting **988**

## **Basic Needs Supports:**

### Food insecurity:

- Buffalo State University Milligan's Food pantry (available to students only) <https://deanofstudents.buffalostate.edu/milligans-food-pantry>
- SUNY food security <https://www.suny.edu/foodinsecurity/>
- Buffalo State University meal plans: <https://dineoncampus.com/bsu/meal-plan-faqs>
- NY nutrition outreach and education program <https://hungersolutionsny.org/find-food-help/snap/>

### Housing:

- Residence life <https://residencelife.buffalostate.edu/>
- Emergency housing and homeless services, Buffalo <https://www.namibuffalony.org/support-other-resources/housing/>

### Financial Concerns:

- Buffalo State University Financial Aid office: <https://financialaid.buffalostate.edu/>
- Buffalo State University Bengal-to-Bengal Emergency Relief (available to students only) <https://deanofstudents.buffalostate.edu/emergency-relief-programbengal2bengal-fund>

### Childcare:

- Childcare center <https://childcarecenter.buffalostate.edu/>
- Childcare resource network <https://www.childcareaware.org/resources/ccrr-search/>
- Buffalo Single Parents, Inc. <https://buffalosingleparents.org/>
- Buffalo Prenatal Perinatal Network <https://www.bppn.org/>

### Buffalo State University Academic and Technology Support:

- Academic Commons and tutoring <https://suny.buffalostate.edu/academic-success>
- EH Butler Library <https://library.buffalostate.edu/home>
- Buffalo State University Academic Standards <https://academicstandards.buffalostate.edu/>
- Buffalo State University Information Technology <https://it.buffalostate.edu/>

### Buffalo State University Facilities and Parking:

- Facilities <https://facilities.buffalostate.edu/>
- Parking and bus pass information <https://suny.buffalostate.edu/parking>

### Buffalo State University Faculty and Staff Support:

- EAP <https://eap.buffalostate.edu/>
- SUNY benefits discount <https://www.suny.edu/benefits/discounts/index.cfm>

#### Student Support:

- Buffalo State University Dean of Students <https://deanofstudents.buffalostate.edu/>
- Buffalo State University Care Team <https://deanofstudents.buffalostate.edu/care-team>
- Buffalo State University Student Accessibility Services <https://sas.buffalostate.edu/>
- Buffalo State University Student Conduct and Community Standards <https://studentconduct.buffalostate.edu/>
- Support for Veteran Students <https://inclusion.buffalostate.edu/veterans-and-military-services-0>
- Commuter student support <https://sle.buffalostate.edu/commuter-services>
- Buffalo State University Institutional Equity, Diversity, and Inclusion <https://equity.buffalostate.edu/>
- Buffalo State University Registrar's Office <https://registrar.buffalostate.edu/forms-and-services>
- Buffalo State University FERPA consent process: <https://registrar.buffalostate.edu/ferpa>

#### Health & Wellness

- Buffalo State University Weigel Health Center (for students only) <https://weigel.buffalostate.edu/>
- Counseling Center (for students only) <https://counseling.buffalostate.edu/>
- SUNY mental health resources <https://www.suny.edu/mental-health/resources/> <https://www.suny.edu/mental-health/>
- Crisis Services <https://crisisservices.org/> (716) 834-3131
- Urgent cares and hospitals <https://weigel.buffalostate.edu/emergency-care-pharmacies>
- Health insurance navigators <https://weigel.buffalostate.edu/insurance-forms>
- Health insurance navigators <https://info.nystateofhealth.ny.gov/NavigatorDirectory>

#### General Assistance:

- 211 Health and Human Services <https://www.211wny.org/>
  - Call 211 24/7
  - Text your zip code to 898211 M-F 8:30am-3:30pm
- National Suicide Prevention Lifeline: call or text 988

## Additional Resources in Buffalo and Erie County:

### **Clothing Closets and Food Pantries:**

#### **Buffalo City Mission Dick Road Store**

510 Dick Road  
Depew, NY 14043  
(716) 681-9128

#### **Citizens Community Development Corporation**

Address: 134 William Street  
Buffalo, New York 14204  
(716) 852-2324

This is a social services organization. Offers advocacy & referrals, free clothes, and community food pantry.

**City Mission**

100 East Tupper Street  
Buffalo, NY 14203  
Call (716) 854-8181

**Clothes Closet - True Bethel Charities**

275 Kehr Street  
Buffalo, New York 14211  
(716) 893-9738

Provides small appliances, some household items, and free clothing in Erie County.

**Roberts Memorial Free Methodist Church Clothing Pantry**

Address: 111 South Street  
Cattaraugus, NY 14719  
(716) 257-3326

**Salvation Army**

960 Main Street Buffalo, NY 14202  
Telephone - (716) 883-9800

Programs include Christmas Assistance from Angel Tree, free winter coats and boots, and a thrift store. Some emergency aid may be offered as well for bills (rent and heating), food, and other basic needs.

**CAO Emergency Services Division**

Main location 70 Harvard Place  
Buffalo, NY 14209  
Call (716) 881-5150

**Community Missions, Inc.**

1570 Buffalo Ave.  
Niagara Falls, NY 14303  
Telephone - (716) 285-3403

Programs include a soup kitchen, food pantry, clothes closet, furniture giveaway, Parole Re-Entry, emergency housing (homeless) shelter, mental health services, and Adopt-A-Family for gifts for children under 13 during the holidays.

**Destination Life Fellowship Clothes Closet and Food Pantry**

1609 22nd St.  
Niagara Falls, NY 14305  
Telephone - (716) 770-7056  
Open Thursdays from 3-5:15

**Feed My Sheep Ministries Food Pantry**

6619 Southwestern Blvd., P.O. Box 10

Lakeview, NY 14085

(716) 627-2183

Clothing and food may be offered for Hamburg, Lakeview, Eden, and Evans.

**FISH of East Aurora Inc.**

Harry Looman Memorial Building

960 East Main Street

East Aurora, New York 14052

Telephone number (716) 652-7272

A clothing distribution center for low-income families in Wales, East Aurora, Elma, Marilla, and Holland. Other programs provide small household items, free toys at Christmas and referral services.

**Greater Works Christian Fellowship**

Address: 210 Southampton Street

Buffalo, NY 14208

Call (716) 887-2303

**Urban Christian Ministries**

Main address: 967 Jefferson Avenue

Buffalo, New York 14204

Call (716) 882-9472 for hours

**Friends of Night People Inc.**

394 Hudson Street

Buffalo, NY 14228

(716) 884-5375

Program-administered referrals for social services and housing. Direct aid includes free meals served daily, clothing, work attire, medical, and general support services.

**Gospel Expansion Foundation**

461 Masten Avenue

Buffalo, NY 14209

(716) 883-5327

**Goodwill Industries Thrift Store Airport Plaza**

4190 Union Road Cheektowaga,  
New York 14225 (716) 810-  
9341

The Erie County thrift store sells gently used and new clothing, household items, and furniture at reduced prices. Shoes, boots, winter coats, and other critical items may be sold to the public from the thrift store. There are several other locations in the Buffalo and Erie County region as indicated below.

3717 Eggert Road, Tonawanda, New York 14150, telephone (716) 844-8121  
282 South Transit, Lockport NY, 14094, main phone number is (716) 438-7840  
1015 Payne Avenue, North Tonawanda NY, 14120, phone (716) 260-1583  
2655 Delaware Avenue, Buffalo New York, 14216, main number is (716) 447-0566  
4779 Transit Road, Depew NY, 14043, (716) 656-0930  
6000 South Park Avenue, Hamburg NY, 14075, main number is (716) 646-6909  
4311 Transit Road, Williamsville NY, 14221, main phone number is (716) 633-3305  
3531 Seneca Street, West Seneca, New York 14224, call (716) 677-4340

**Grace Lutheran Church Clothes Pantry**

174 Cazenovia Street  
Buffalo, NY 14210  
Telephone number for intake is (716) 822-0553

**Greater Refuge Temple of Christ Church**

943 Jefferson Avenue  
Buffalo, New York 14204  
Phone - (716) 886-2199  
Serving: City of Buffalo.

In addition to clothes and personal items, the location provides counseling & casework services to the needy.

**Hamburg Town - Youth Bureau, Woodlawn Beach State Park**

3580 Lakeshore Road  
Blasdell NY 14219,  
(716) 826-2228

**Hannah House - Lighthouse International Ministries**

1943 Whitney Avenue  
Niagara Falls New York, 14301  
(716) 534-6999

**Harvest House Baby and Children's Ministry**

175 Jefferson Avenue

Buffalo, NY 14210

Main number is (716) 824-7818

The non-profit charity distributes used baby items including clothes (newborn to size 14), strollers, car seats, cribs, playpens, highchairs, gifts, and toys.

**Hearts Thrift Shop**

890 Tonawanda Street

Buffalo NY, 14207

Telephone: (716) 876-7346

Sells items like clothing, accessories, shoes, uniforms, and small household items.

**Hope House of WNY, Inc.**

42 S. Warsaw St. Depew,

NY 14043

Telephone: (716) 288-7101

[www.thehopeprojectofwny.org](http://www.thehopeprojectofwny.org)

They provide gently used clothing, shoes, coats, winter wear, baby items, maternity clothing, prom dresses, halloween costumes, school supplies and toys. Hygiene and cleaning products are also available. These items are all FREE to people in need. Just have to bring proof of disability, loss of job, domestic violence, special needs child diagnosis, etc... some sort of documentation as to why the person is in need.

**Lockport Care Net Pregnancy Center**

251 East Avenue

Lockport New York,

14094 Call (716) 434-0251

The location provides free pregnancy tests, community referrals, adoption referrals and material financial and other aid in the form of maternity clothes, cribs, baby items, car seats and Mom Baskets. Accepts donations of these items too.

**Catholic Charities - Lots of Clothes Thrift Store**

1122 Broadway Avenue Buffalo New York, 14212 (716) 895-4001

**Love In the Name of Christ**

62 East Main Street

Springville NY, 14141-0156

(716) 592-3761

May be able to assist with clothing, car repairs, transportation, emergency shelter, financial assistance and more. Areas covered include West Valley, East Otto, Colden and Erie County.

**Machias United Methodist Church Clothing Drive**

Route 16, PO Box 303

Delevan NY, 14101

Telephone: (716) 353-4641

**Magdalene Project - Lighthouse International Ministries**

Address: 1910 E. Falls Street

Niagara Falls, NY 14303

Telephone - (716) 282-0908

**Main Bryant Office St Vincent DePaul Center - Catholic Charities**

1298 Main Street

Buffalo NY, 14209

(716) 882-9193

**Matt Urban Hope Center**

Non-profit address: 385 Paderewski Drive

Buffalo, New York 14212

(716) 893-7222

**Project Preventions at the Buffalo Dream Center**

512 Pearl Street,

Buffalo, NY 4201

(716) 445-0604

Provides the low income with basic household items, furniture and clothing. Referral and advocacy assistance provided to public and government aid too.

**Salvation Army Thrift Store**

There are many locations in western New York and Erie County. The public can shop there for gently used goods, including clothing, furniture, and related items. The lowest income people may be able to get a voucher that they can use to receive their items for free. Special seasonal programs may be offered during back to school or provide free gifts, clothing and toys at Christmas from Angel Tree. Other social services may be offered including career counseling and professional work suits and dresses for interviews.

1080 Military Road, Buffalo NY 14217, main phone (716) 875-2533

1089 Niagara Falls Boulevard, Amherst, New York 14226, phone (716) 831-9275

9491 Niagara Falls Boulevard, Niagara Falls, NY 14304, call (716) 297-8281

895 Payne Avenue, North Tonawanda, NY 14120, main phone (716) 692-9836

2196 Seneca Street, Buffalo, New York 14210, call (716) 826-7648 for hours

Seneca Nation Clothing Closet - Seneca Nation Tribal Advocate: free clothing for low-income families in need. 12885 Route 438 Irving, NY

14081 (716) 532-4900

**St Peter and Paul Parish Outreach**

36 Pine Street

Hamburg New York 14075

Telephone - (716) 648-1725

**St Francis Parish Outreach Clothing Closet**

The church center is at 73 Adam Street Tonawanda

New York 14150

(716) 693-6247

Clothing is provided at no cost to those who qualify.

**St Francis Thrift Store**

897 Clinton Street

Buffalo NY 14210

Main phone number is (716) 855-1909

**St. Luke's Mission of Mercy**

325 Walden Avenue

Buffalo New York, 14211

(716) 892-4049

**St Adalberts Response to Love Center Thrift store**

130 Kosciuszko Street

Buffalo New York, 14212

Main phone number is (716) 894-7030

**Trading Post Community Care Center**

38 Franklin Street

Springville NY 14141, main phone (716) 592-4455

Offers a Trading Swap clothing exchange program to people in southern Erie County. It may have infant supplies, formula, diapers and coordinate home skills classes. The Giving Tree program also collects and provides assistance for specific needs including baby needs, kids coats, Christmas gifts, and back to school supplies. Staff also work with the WNY Holiday Partnership.

**Walls Memorial AME Zion Church**

455 Glenwood Ave

Buffalo, NY 14208

[\(716\) 886-6527](tel:7168866527)

**Vincent's Discount Store - Society of St Vincent De Paul**

1298 Main Street

Buffalo NY, 14209

(716) 882-3360



**Voucher Program - Society of St Vincent De Paul**  
1298 Main Street Buffalo New York, 14209 (716) 882-3360

## **Deaf & Hard of Hearing Specific Services & Programs:**

### **Deaf Access Services (DAS)**

(716) 833-1637

<http://www.wnydas.org>

Deaf Access Services connects Western New York communities of Deaf, Hard of Hearing and Hearing people using American Sign Language in the pursuit of everyday access through Advocacy, Education, Employment and Interpreting services.

### **Hearing and Speech Center of WNY**

716-833-4884

<http://www.hscwny.com> 2545 Sheridan Dr.

Tonawanda, NY 14150

Provide quality speech, language and audiological services by highly trained professionals.

### **Hearing Loss Association of WNY**

Don Van Auken, President (716) 875-1093

[donaldvanauken@aol.com](mailto:donaldvanauken@aol.com) 750 Wehrle Dr.

Buffalo, NY 14225

Provide assistance and resources for people with hearing loss and their families to learn how to adjust to living with hearing loss.

### **Service Bridges**

(716) 371-1390

<http://www.servicebridges.com>

Dedicated to providing the Deaf, Deaf-Blind, Hard of Hearing, and Late-Deafened communities across Western New York access to American Sign Language interpreters in support of the vision of a truly inclusive communication experience.

### **St. Mary's School For The Deaf**

(716) 834-7200

<https://www.smsdk12.org/> 2253 Main St.

Buffalo, NY 14214

Evaluates and diagnoses complex disorders and individualizes programs to meet each student

## **Disability Specific Services & Programs:**

### **Aspire**

(716) 505-5700

4635 Union Rd. Cheektowaga, NY

Provides home based early intervention, Integrated Preschool and a School Age Program, before and after school services. Also provide adaptive equipment, Orthotics Clinic, occupational therapy, physical therapy, speech and vision services.

### **Autism Services, Inc.**

(716) 631-5777

<http://www.autismservices.org>

40 Hazelwood Dr. Amherst, NY 14228

Services include: Medicaid Service Coordination (MSC); Plan of Care Support Services (PCSS); Respite; At-home Residential Habilitation/ Family Education and Training; Environmental Modifications; Adaptive Technology; Sibling Support Group; Lending Resource Library.

### **Baker Victory Services**

(716) 828-9500

<http://www.bakervictoryservices.org> 780 Ridge Rd.,

Lackawanna, NY 14218

Provides a wide range of services to children, youth & families in need, which include educational, residential, outpatient, adoption, foster care & dental services.

### **Bornhava**

(716) 839-1655

<http://www.bornhava.com> 25 Chateau Terrace

Buffalo, NY 14226

Early intervention & preschool program for children with developmental disabilities.

### **Boulevard Van City**

(716) 731-4335

<http://www.vancitymobility.com> 2708 Niagara Falls Blvd.

Niagara Falls, NY 14304

Specializes in providing mobility solutions for the physically challenged.

### **Bright Options Family Services, Inc.** (716) 891-7996

<http://www.ddinfoink.org>

2372 Genesee St.

Cheektowaga, NY 14225

Provide parenting training services to parents with developmental disabilities.

**Buffalo Hearing & Speech Center**

(716) 885-8318

<http://www.askbhsc.org> 50 East North St.

Buffalo, NY 14203

Offer innovative services to children and adults with communication and educational needs.

**Buffalo Wheelchair**

(716) 675-6500, 1-888-451-0700

<http://www.buffalowheelchair.com> 1900 Ridge Rd.-Suite 13

West Seneca, NY

Offers free in-home evaluations regarding custom mobility needs, technology and rehabilitation, and medical equipment.

**Cantalician Center for Learning - Community Services**

(716) 901-8900

<http://www.cantaliciancenter.org> 665 Hertel Ave.

Buffalo, NY

2049 George Urban Blvd. Depew, NY 14043

An educational, rehabilitative and occupational facility for the developmentally and physically disabled.

**Catholic Diocese of Buffalo Disabilities Action Team**

Sharon Urbaniak, Chairperson (716) 847-5514

<http://www.buffalodiocese.org/disabilities> 795 Main St.

Buffalo, NY 14203

Was established to assist our parishes to Open Doors, Minds and Hearts to total inclusion of our brothers and sisters with disabilities.

**Center for Handicapped Children Center (CHC Learning Center)**

(716) 831-8422

<http://www.chcrainbow.com> 1085 Eggert Rd.

Amherst, NY 14226

Funded by NYS Education Department, provides health, educational, and therapeutic services for children (0-21 years) with multiple disabilities. Also provides occupational therapy, an early intervention program and home-based services.

**Center for Self-Advocacy Inc.**

(716) 316-2394

<http://www.centersa.org>

P.O. Box 386, 725 Hertel Ave

Buffalo, NY 14207

Help people with developmental disabilities work, advocate within their community and have an independent, productive lifestyle.

**Claddagh Commission Incorporated**

(716) 947-5857

<http://www.claddaghcommission.org>

P.O. Box 266

Derby, NY 14047

Dedicated to providing services that include residential services, family support, nursing, supportive work opportunities, and service coordination in a family-like setting.

**Community Missions, Inc.**

1570 Buffalo Ave. Niagara Falls, NY 14303

Telephone - (716) 285-3403

Mental Health services include residential settings for adults and youth, transportation, respite and day programs, all located in Niagara County.

**Community Services for the Developmentally Disabled**

(716) 883-8888

<http://www.csdd.info> 180 Oak St.

Buffalo, NY 14203

Service Coordinators provide assistance in regards to employment, housing, emergency shelter, in-home services, community-based services, specialty services (i.e., family services, senior services).

**Continuing Developmentally Services (CDS Monarch, Inc.)**

(585) 341-4600

<http://www.cdunistel.org> 860 Hard Rd.

Webster, NY 14580

A leading service and employment provider for individuals with developmental disabilities, in Upstate NY.

**Cradle Beach**

(716) 549-6307

<http://www.cradlebeach.org> 8038 Old Lake Shore Rd. Angola, NY 14006

Serve the needs of children with disabilities and those who come from disadvantaged backgrounds. Summer Camp, Respite Program among services offered.

**Developmental Disabilities Alliance of WNY (DDAWNY)**

(716) 877-7007

<http://www.ddawny.org> 7 Community Dr.,

Cheektowaga, NY 14225

A collaborative group of member voluntary agencies that deal with developmental disabilities.

**Down Syndrome Parents Group**

716-832-9334

<http://dspgwny.org> 547 Englewood Ave.

Kenmore, NY 14223

Connects new parents with volunteers who can share their experiences and provide support.

**Early Childhood Direction Center c/o Women & Children**

(716) 408-2589 or 1 (800) 462-7653

<https://www.ochbuffalo.org/care-treatment/early-childhood-direction-center> Oishei Children's Hospital

Provides support in the form of free information, referral and technical assistance to families, professionals and community agencies concerning children (birth-5 years old) with suspected or diagnosed delays or disabilities.

**Epilepsy Association of WNY**

(716) 883-5396

<http://www.epilepsywny.org/services> 339 Elmwood Ave.

Buffalo, NY 14222

A nonprofit organization that offers professional services to individuals with Epilepsy and other seizure disorders, and their families.

**Excalibur Leisure Skills**

(716) 831-3188

<http://www.excaliburls.org> 90 North Dr.

Buffalo, NY 14216

COST-FREE Boating & Fishing Opportunities for the Disabled and Disadvantaged.

**Grace Community Services**

585-672-2749

<http://www.gracecommunityservices.com> 1788 Penfield Rd.

Penfield, NY 14526

Provides a variety of services to help individuals enrich their lives, whether in Grace Community homes, or in the community. Programs include: Allentown Industries (prepares individuals for a place in the workforce), educational programs for children, and in-home support services.

Employ full-time attorneys who offer consultation, representation and advocacy to the developmentally disabled and their families regarding SSD, SSI, Medicaid/Medicare, Eligibility services through the Office of Mental Retardation and Developmental Disabilities, legal guardianship, supplemental needs and consumer debt.

**Graceful & Gifted Dance Program**

(716) 946-7909

Offers day and evening programs for individuals with special needs, ages 3-adult, with developmental disabilities. Programs are beneficial to those with autism, learning disabilities, and developmental disabilities, as well as those who are deaf & hearing impaired, blind & visually impaired, and physically handicapped.

**Great Lakes Water Sport Institute**

(716) 553-7670

<http://www.communitywatersportscenter.org> 3621 Stony Point Rd.

Grand Island, NY 14072

Adaptive water sports such as sailing, kayaking, fishing.

**Headway of Western New York, Inc.**

(716) 408-3100

<http://www.headwayofwny.org> 2635 Delaware Ave.

Buffalo, NY 14216

Support and advocacy agency for survivors of brain injury and their families. Services include recreational programs, support groups, training & educational programs and a resource library.

**Heritage Centers**

(716) 856-4201

<http://www.heritagecenters.org> 101 Oak St.

Buffalo, NY 14203

**Heritage Education Program**

(716) 876-3901

<http://www.heritagecenters.org> 1 Delaware Rd.

Kenmore, NY 14217

Special Education/Therapy for children ages birth to 21 with identified disabilities. Also offer prevocational/vocational training and school-to-work transition services.

**High Hurdles Therapeutic Riding Program of Suburban Adult Services, Inc. (SASi)**

(716) 805-1555

<http://www.sasinc.org> 960 West Maple Court Elma, NY 14059

Offer a therapeutic riding program for emotionally and physically challenged individuals.

**Learning Disabilities Association of WNY**

716-874-7200

<http://www.ldaofwny.org> 2555 Elmwood Ave.

Kenmore, NY 14217

Provide an array of supports and services to individuals with learning disabilities, coordination (case management), leisure skill building, job coaching, residential services, art studio and gallery.

**Link Service Coordination**

716) 688-4883

<http://www.linkservicecoordination.org> 33 Randwood Ct.

Getzville, NY 14068

Provide objective, unbiased, quick response service coordination to individuals with developmental disabilities of all ages.

**Lothlorien Therapeutic Riding Center**

(716) 655-1335

<http://www.lothlorientrc.org> 15 Reiter Rd.

East Aurora, NY 14052

Provide horsemanship and horseback riding opportunities for individuals of all ages with cognitive, physical, emotional and learning disabilities.

**Main Mobility**

(716) 759-6811

<http://www.mainmobility.com> 9580 Main St.

Clarence, NY 14031

Offers a full line of wheelchair accessible vans and conversions.

**Miracle League of WNY**

(716) 773-9600

<http://www.miracleleaguewny.org>

P.O. Box 833

Grand Island, NY 14072

Provide an opportunity for anyone with mental and/or physical challenges to play baseball.

**Museum of disABILITY History**

(716) 629-3626

3826 Main St.

Amherst, NY <http://www.museumofdisability.org>

A project of People Inc., and chartered by the NYS Department of Education Board of Regents.

**National Federation of the Blind (Buffalo Office)**

(716) 877-1688

<http://www.buffalonfb.org> 583 Delaware Rd.

Buffalo, NY 14223

Provide public education about blindness, information and referral services, scholarships, literature and publications about blindness, aids and appliances for the blind, advocacy services and emotional support.

**National Seating & Mobility**

716-674-0783

<http://www.NSM-Seating.com> 198 Ransier Dr.

West Seneca, NY 14224

Providing rehab seating & mobility solutions that help people move through life.

**New York State Commission for the Blind and Visually Handicapped (CBVH)**

(716) 847-3516

<http://www.ocfs.state.ny.us> 295 Main St.

Buffalo, NY 14202

Services include a Vocational Rehabilitation Program and a Business Enterprise Program.

**New York State Education Dept. (NYSED) Talking Book & Braille Library**

<http://www.nysl.nysed.gov/tbbl>

**Niagara Frontier Radio Reading Service**

Robert Sikorski (716) 821-5555

[bobsikorski@cs.com](mailto:bobsikorski@cs.com) 1199 Harlem Rd.

Cheektowaga, NY 14227

**Western New York Independent Living (WNYIL)**

<http://www.wnyil.org/> | (716) 836-0822

3108 Main Street, Buffalo, NY 14214

- Advocacy & Policy
- Health Home
- Medicaid Assistance Program (MAP)
- Independence Express (Transportation)
- Mental Health PEER Connection

**OPWDD Region 1**

1-800-487-6310

For individuals new to OPWDD services, individuals with an approved eligibility determination who has never received OPWDD services, and OPWDD eligible individuals that receive only MSC and/or FSS services.

**Parent to Parent of NYS Western Region**

800-305-8813

<http://www.parenttoparentnys.org>

1200 East & West Rd.

West Seneca, NY 14224

A place where families of individuals with special needs and the professionals who serve them can meet and share information.

**People and Places**

(716) 937-1813

<http://www.people-and-places.org> 76 Riley St.

East Aurora, NY 14052

Vacations for adults with developmental disabilities.

**People First Mobility**



**People, Inc.,**

(716) 634-8132

<http://www.people-inc.org> 1219 North Forest Rd., Williamsville, NY 14231

**Pride Center of Western New York Special Needs Equality Group (SNEG)**

206 So. Elmwood Ave. Buffalo, NY

Siobhan Fitzgerald- Cushing (716) 852-7743, ext. 3418

[sfitzgerald@pridecenterwny.org](mailto:sfitzgerald@pridecenterwny.org)

Created to work with the community to make WNY a safe, healthy and satisfying place for lesbian, gay, bisexual, transgender, and queer identified people who have physical disabilities.

**Rivershore, an affiliate of People, Inc.**

716-754-7272

<http://www.rivershore.org> 765 Cayuga St.

Lewiston, NY 14092

Support people living with disabilities as they pursue and achieve a meaningful life.

**Self-Advocacy Association of New York State (SANYS) - Western Region**

(716) 517-2342

[western@sanys.com](mailto:western@sanys.com) 1200 East & West Rd. West Seneca, NY 14220

Run by, and for, people with developmental disabilities. This organization supports self-advocates and self-advocacy groups and encourages them to speak for themselves individually and collectively.

**Summit Educational Resources, Inc.**

(716) 629-3400

<http://www.summited.org> 150 Stahl Rd.

Getzville, NY 14068

Serves to educate Western New York children with autism and other developmental disabilities. Also, has services which include training and consulting parents and professionals, research and clinic.

**The Parent Network of WNY**

<http://www.parentnetworkwny.org> 1000 Main St. (716) 332-4170

Buffalo, NY 14202

Provides parents and caregivers of children with special needs information on workshops and conferences, resource material, and acts as a referral service.

**The TRAIID Program**

Center for Assistive Technology, 3108 Main St. Buffalo, NY 14214 (716) 836-1350

Federally funded and administered by the NYS Commission on Quality of Care and Advocacy for Individuals with Disabilities. Offers a program designed to increase awareness and appropriate use of assistive technology by individuals with disabilities. Provide information and referral services, the TRAIID- IN equipment exchange service, increased access to assistive technology, and training on assistive technology.

**United Spinal Association**

(716) 857-3338

<http://www.unitedspinal.org> 130 South Elmwood-Suite 641  
Buffalo, NY 14202

**Western New York Center for the Visually Impaired**

(716) 668-1166

<http://www.visionaware.org/western> 3070 Transit Rd.

West Seneca, NY 14224

Provide low vision evaluation and assistive products, in-home rehabilitative services, computer training, and counseling.

**Western New York Developmental Disabilities Regional Offices (DDRO)**

(716) 517-2000

<http://www.opwdd.ny.gov> 1200 East & West Rd., West Seneca, NY 14220

Provides services for the developmentally disabled

**Western New York Independent Living, Inc. (WNYIL)**

(716) 836-0822

<http://www.wnyil.org>

3108 Main St.

Buffalo, NY 14214

Assists in enhancing quality of life with programs that offer: independent living skills, advocacy, peer counseling, self help, leadership development, and family support. They also offer a Client Assistance Program (CAP) which offers support and advocacy in regards to vocational rehabilitation, and a Transportation Program.

**Domestic/Dating/Intimate Partner Violence:****Crisis Services**

(716) 834-3131

**Haven House**

Hotline: (716) 884-6000

For survivors of domestic violence. All genders/orientations. Clients must call to be screened by Haven House staff via the Hotline above. Social Services/other agencies cannot place clients on their own.

**YWCA of the Tonawandas**

(716) 692-5580

Helps residents of both Niagara County & Erie County New York. The non-profit provides housing and free counseling for children and women who have experienced domestic violence. Other assistance includes legal aid, advocacy, community referrals, free child care, and more. They also run the Carrel House transitional housing program.

**Passage House**

Hotline: (716) 299-0909

A shelter for survivors of domestic violence. Niagara County.

**YWCA of the Niagara Frontier**

Hotline: (716) 433-6716 or text (716) 870-9726

<http://www.ywcaniagarafrontier.org/services-at-ywca-niagara-frontier/womens-services/crisis-services/>

Offers a nine-bed emergency shelter for women of domestic violence. County, it is a safe dwelling that allows victims to meet with counselors to connect with services.

**Employment, Career Counseling & Mentorship:****COMPEER of Greater Buffalo**

(716) 883-3331

<http://www.compeerbuffalo.org> 135 Delaware Ave., Suite 210

Buffalo, NY 14202

Recruits, screens, trains, and matches adult volunteers and mentors for one-on-one friendships with children and adults receiving mental health services.

**Goodwill Industries of Western New York, Inc.**

(716) 854-3494

<http://www.goodwillwny.org> 1119 William St.

Buffalo, NY 14206

Helps individuals and families achieve a better life through work and independence.

**Community Employment Services, Learning Disabilities Association of Western New York**

(716) 874-7200

<http://www.ldaofwny.org> 2555 Elmwood Ave.

Kenmore, NY 14217

Assist individuals in obtaining and retaining a job. Employment services include: Pre-Vocational and Vocational Assessments, Placement Program, Supported Work Program.

**New York Makes Work Pay**

1-888-224-3272, 1-877-671-6844 TTD

<http://www.nymakesworkpay.org>

Statewide initiative, funded by the Center for Medicaid Services, intended to improve the rate of employment among people with disabilities. Leadership provided to advance prospects for employment and economic self-sufficiency.

**Statler Center for Careers**

(716-882-1025)

<http://www.OlmstedCenter.org> 1170 Main St.

Buffalo, NY 14209

Provide training for the blind, visually impaired and physically disabled individuals. Students learn technology and business skills for meaningful employment.

**Homelessness, Shelters & Transitional Programs:****Homeless Alliance of Western New York**

<https://wnyhomeless.org/>

**Erie County Department of Social Services Emergency Housing Unit**

(716) 858-6265

<http://www2.erie.gov/socialservices/> 158 Pearl St.

Buffalo, NY

Coordinate emergency shelter with local community partners, for eligible individuals. Also assists eligible individuals with personalized housing plans, apartment searches, transportation expenses, storage of personal items, and the acquisition of items needed to establish a household.

**Altamont Program**

70 and 72 Sycamore Street Buffalo, New York 14203 Call (716) 842-6263

The location is a housing facility for chronically homeless males. Residents can also receive ongoing case management, medication, life skills training, and other support.

Adult Males (Require referral by Social Services)

**Amity House**

Main address is 150 Wesley Avenue Buffalo, New York 14214

Call (716) 874-8190

In addition to low income housing, access counseling, daily living skills training & support, and work on the development of educational, employment or vocational plans. Main address is 150 Wesley Avenue

Buffalo, New York 14214 Call (716) 874-8190

In addition to low income housing, access counseling, daily living skills training & support, and work on the development of educational, employment or vocational plans.

**Back to Basics**

(716) 854-1086

Men only

**Bissonette House - Peaceprints Prison Ministries**

335 Grider Street Buffalo, New York 14215

Telephone - (716) 856-6131

335 Grider Street Buffalo, New York 14215

Telephone - (716) 856-6131

**Buffalo City Mission/Cornerstone**

(716) 854-8181

Adult Males/Females

**Canaan Ministries Inc.** Address: 1140 Walden Avenue Cheektowaga NY 14211

(716) 892-1563

Transitional housing for Erie County women. They need to be in recovery or previously incarcerated. GED training and other support is also offered.

Address: 1140 Walden Avenue Cheektowaga NY 14211

(716) 892-1563

Transitional housing for Erie County women. They need to be in recovery or previously incarcerated. GED training and other support is also offered.

**Chemical Dependency Prog-Female Residential** Location of the center is 845 Routes 5 and 20 Gowanda New York 14081

(716) 951-7321

Location of the center is 845 Routes 5 and 20 Gowanda New York 14081

(716) 951-7321

**City Mission**

Main address: 100 East Tupper Street Buffalo, New York 14203

(716) 854-8181

Offers an emergency shelter for men and general counseling. Free meals, food, and clothing is also offered. Special Thanksgiving and Christmas meals are served to people using the housing program

**Community Missions, Inc.**

1570 Buffalo Ave. Niagara Falls, NY 14303

Telephone - (716) 285-3403

Assistance programs include a soup kitchen, food pantry, clothes closet, furniture give-away, Parole Re-Entry, emergency housing (homeless) shelter, mental health services, and

Adopt-A-Family for gifts for children under 13 during the holidays.

**Compass House**

(716)-886-0935

12-17 Year Olds

**Cornerstone Manor**

(716) 852-0761

Single Women/Families

**Emergency Shelter - CSDD**

179 Kenmore Avenue

Kenmore NY 1421

(716) 883-8002

**Ex-Offender Services** Address: 1370 William Street Buffalo, New York 14206 (716) 854-1086

**Family Promise of Western New York**

16 Glendhu Place Buffalo, New York 14210

Telephone - (716) 821-9100

Emergency shelter, food, and support for the homeless and those facing eviction. Numerous churches, charities, and non-profits work together to offer low income housing and shelter.

**Gerard Place Housing First For Families**

Address is 2515 Bailey Avenue Buffalo, New York 14215

Main number is (716) 897-9948

**Gerard Place Transitional Housing** Office address: 2515 Bailey Avenue Buffalo NY 1421

(716) 897-9948

Another center is in Williamsville, New York 14231. Call (716) 893-1840.

The center is a faith-based organization that operates transitional housing and short term residences for men and women. The location also serves homeless adults in Erie County who are under supervision by the New York State Division of Parole.

**Grant Street Residence**

656 Grant Street Buffalo, New York 14213 Dial (716) 883-9334

A shelter to get out of the cold

**Homeless Transitional Independent Living - Franciscan Center**

Main address: 1910 Seneca Street,

Buffalo, NY 14210

(716) 822-8017

Assists homeless adolescent males under the age of 20. Call for information, hours, and availability.

**Homespace Second Chance Home** Location is 1171 Michigan Avenue Buffalo, New York 14209

(716) 885-2702

The agency offers supportive community living and housing for parenting youth ages 14-21. Applicants need to be in or just leaving the foster care system. Also access self-sufficiency and access programs such as medical services, day care, job training and more.

**Homespace Corp Supervised Independent Living Program**

Main address is 1030 Ellicott Street

Buffalo, NY 14209

Call the center at (716) 881-4600

**Housing and Residential Services - Aspire of WNY**

Main address is Tri-Main Center, 2495 Main Street, Suite 302 Buffalo, NY 14214

For intake, dial (716) 838-0047

**Julian B Dargan Transitional Housing - CAO**

Office address: 273 Ridge Road Lackawanna, New York 14218 (716) 825-0592

Provides support, information, and assistance across Erie County.

**Kathleen Mary House**

Mailing address is PO Box 2142 Blasdell, NY 14219

Call (716) 822-4101

The organization coordinates transitional living and low income housing for domestic abuse victims and their children. In addition, case management and advocacy services are provided to residents

**Little Portion Friary**

(716) 882-5705

Adult Males/Females

**Living Opportunities of DePaul** 2240 Old Union Road Cheektowaga, New York 14227 (716) 608-1000

Supports chronically mentally ill adults in Erie County. Offers housing in the form of low cost and safe apartments. Some residents may receive a rental stipend and related case management services.

2240 Old Union Road Cheektowaga, New York 14227 (716) 608-1000

Supports chronically mentally ill adults in Erie County. Offers housing in the form of low cost and safe apartments. Some residents may receive a rental stipend and related case management services.

**Matt Urban Housing First**

385 Paderewski Drive, Matt Urban Hope Center

Buffalo, NY 14212

Call (716) 893-7222

**New Life Residential Center Inc.** Address is 24 Memorial Drive Buffalo, New York 14206

(716) 854-0944

Shelter, housing, and other support for women. Both homeless and people facing imminent eviction may be supported.

Address is 24 Memorial Drive Buffalo, New York 14206 (716) 854-0944

Shelter, housing, and other support for women. Both homeless and people facing imminent eviction may be supported.

**Paradise House**

Primary address: 144 Mills Street Buffalo, New York 14212  
(716) 892-2813

Primary address: 144 Mills Street Buffalo, New York 14212  
(716) 892-2813

**Parent/Child SILP - Gateway Longview**

296 Monroe Street

Buffalo, NY 14212

Call (716) 207-9837 for hours and information.

**Peaceprints Prison Ministries**

660 Smith Street

Buffalo, NY 14210

Primary number - (716) 856-6131

The housing serves as an independent living residence for men released from incarceration and that are also on parole. Educational outreach training, and other self-sufficiency is provided.

660 Smith Street

Buffalo, NY 14210

Primary number - (716) 856-6131

The housing serves as an independent living residence for men released from incarceration and that are also on parole. Educational outreach training, and other self-sufficiency is provided.

**Plymouth Crossroads Transitional Housing - United Church Home**

Main location is 5522 Broadway Lancaster, NY 14086-2222

Phone - (716) 393-3906

Main location is 5522 Broadway Lancaster, NY 14086-2222

Phone - (716) 393-3906

**Project Homeless Connect Buffalo - WNY Coalition for the Homeless**

Address: 153 Franklin Street, Buffalo Convention Center Buffalo, NY 14202

Address: 153 Franklin Street, Buffalo Convention Center Buffalo, NY 14202

**Promise House**

920 Harlem Road

West Seneca, New York 14224 Call (716) 332-3991 for intake.

Alcohol and Drug Dependency programs

**Safe Haven Residence - Lake Shore Behavioral Health Inc.**

108 Sycamore Street

Buffalo, NY 14204

Telephone: (716) 884-0888

To those that are qualified, it provides permanent housing. Residents of the units and program will be provided private bedrooms, access to local phone calls, breakfast and dinner, computer access and



transportation.

**Salvation Army**

(716) 884-4798

Families/Single Women

**St. Luke's Mission of Mercy**

(716) 894-4476

Adult Males

**Shelter Services - CSDD**

Main address is 1179 Kenmore Avenue Kenmore, NY 14217

Phone - (716) 883-8002

Main address is 1179 Kenmore Avenue

Kenmore, NY 14217

Phone - (716) 883-8002

**Somerset House - Fellowship House Inc.**

7397 Lake Road Appleton, New York 14008 Call (716) 282-8510

**Niagara Gospel Rescue Mission**

1023 Ferry Ave

Niagara Falls, NY 14301 (716) 282-0432

**St Lukes Mission of Mercy** Locations is 325 Walden Avenue Buffalo, NY 14211

Main number is (716) 892-4049

The homeless and evicted in Erie County can access transitional housing. Assistance is provided from Mission owned houses and apartments in the area. A cold weather shelter is available too.

**Substance Abuse Services - Back To Basics**

1370 William Street Buffalo, New York 14206

Main number is (716) 854-1086

**Franciscan Center**

1910 Seneca Street Buffalo, NY 14210

Call (716) 822-8017

**Fellowship House Inc.**

1204 Niagara Street

Niagara Falls, New York 14302 (716) 278-0074

**Transitional Housing for Women - YWCA of WNY**

1005 Grant Street, Buffalo New York 14207 Phone - (716) 852-6120

Homeless women, single parents and their children can use this transitional housing program. Also register for one-on-one case management as well as self-sufficiency type workshops. Low income apartments will be provided. Clients will need to pay a portion of their income towards rent.

**Visions Place - Cazenovia Recovery Systems**

Address: 923 Sycamore Street Buffalo, NY 14212

Phone: (716) 893-8598

Homeless men and women can get residential services. Counseling, groups, employment assistance, case management and recreational activities are provided.

**Waterfront Community Residence**

2 Duquesne Street

Celoron, NY 14720

(716) 664-7292

**Westons Manor - Council on Addiction Recovery Services**

P.O. Box 229, Route 417 Weston Mills, New York 14788 Main number is (716) 373-0057

**Housing Resources:****Belmont Housing Resources for WNY**

(716) 884-7791

<http://www.belmonthousingwny.org> 1195 Main St.

Buffalo, NY 14209

Assists low and moderate income households in Western New York in obtaining housing; by producing and preserving housing units, and by professionally managing affordable housing.

**Erie County Fair Housing Partnership**

<http://www.ecfhp.org>

Not-for profit entity committed to promoting equal opportunity in housing. Includes the following organizations: Housing Opportunities Made Equal (HOME), tel. (716) 854-1400; US Department of Housing and Urban Development (HUD), tel. (716) 551-5755; The New York State Division of Human Rights, tel. (716) 847-7632; Neighborhood Legal Services, tel. (716) 847-0650; City of Buffalo Fair Housing Officer, tel. (716) 851-4212.

**HART (Home Assistance Referral Team, Inc.**

<http://www.hartinterfaith.org/our-services/>

HART (Home Assistance Referral Team), Inc. is a non-profit organization whose mission is to enable members of our community to maintain quality of life in their own homes by linking them with qualified and affordable help.

Our Caregivers can provide the following services:

- o Skilled Nursing Care
- o Health and Personal Care
- o Respite for Family Caregivers
- o Meal Planning and Preparation
- o Companionship
- o Shopping and errands
- o Drive to appointments
- o Light housekeeping and yard work

**Housing Opportunities Made Equal, Inc. (HOME)**

(716) 854-1400

<http://www.homeny.org> 1542 Main St.

Buffalo, NY 14209

Help to ensure that the people of Western New York have an equal opportunity to live in the housing and communities of their choice-through education, advocacy, enforcement of fair housing laws, and the creation of housing opportunities. They provide an online form on their website to report discrimination.

**NYHousingSearch.gov**

1-877-428-8844

<http://www.nyhousingsearch.gov>

A FREE public service provided by New York State Homes and Community Renewal (HCR) to list and find affordable, accessible homes and apartments across New York.

**Olmsted Housing**

(716) 882-1025

<http://www.OlmstedCenter.org/programs/housing> Olmsted Center for Sight, 1170 Main St.

Buffalo, NY 14209

Provide affordable one- and two-bedroom apartments to people with disabilities. One member of each household must have a visional or physical disability to qualify.

## **Legal Services:**

### **Client Advocacy Service**

(716) 886-1242

Provides legal representation to mental health clients for Social Security disability benefits, Supplemental Security Income, public Assistance, Medicaid & Food Stamps.

### **Cuddy Law Firm, PC**

(716) 868-9103

<http://www.cuddylawfirm.com> 145 East Genesee St.

Auburn, NY 1302

Represents parents of special needs children in their efforts to secure appropriate educational and related services for their children

### **DBTAC-Northeast ADA Center Employment and Disability Institute**

1-800-949-4232

<http://www.ilr.cornell.edu/edi/dbtacnortheast> 201 Dolgen Hall

Ithaca, NY 14853

Provide information, referrals, resources and training on equal opportunity for all and on the Americans with Disabilities Act.

### **Erie County Bar Association Volunteer Lawyers Project Inc.**

(716) 847-0662

<http://www.eriebar.org/vlp.asp>

Legal advice & representation for non-profit groups assisting the poor, the elderly, the handicapped, the disabled.

### **LawHelp.org/NY**

<http://www.LawHelp.org/NY>

This on-line agency provides information regarding: consequences of criminal charges, consumer issues, disability issues, discrimination, education, family & juvenile services, housing, immigration, internet fraud, public benefits, seniors, taxes, veterans and military, and workers

### **Legal Advocacy for the Disabled (LAD) Unit of the Erie County Department of Social Services**

(716) 858-2270

<http://www.erie.gov>

95 Franklin St.-11th floor

Buffalo, NY 14202

Assists low-income people with the Social Security Administration Disability application process.

### **Legal Aid Bureau of Buffalo, Inc.**

716-853-9555

<http://www.legalaidbuffalo.org/> 237 Main St. #1602

Buffalo, NY 14203

It is the mission of the Legal Aid Bureau to provide quality legal representation and advice to persons in need residing in Erie County, New York. The Bureau's Civil Legal Services Unit represents low-income individuals in a variety of civil matters that have a direct impact on their quality of life.

**Legal Services for the Elderly, Disabled or Disadvantaged of WNY Inc.**

(716) 853-3087

<http://www.lsed.org>

Services for problems with health care, social security, healthcare insurances (Medicare & Medicaid), Medicare Part D, nursing home & hospital issues, grandparents rights, protective services, mortgage foreclosures, predatory lending, and housing problems.

**Neighborhood Legal Services, Inc.**

(716) 847-0650

<http://www.nls.com> 237 Main St.-4th floor Buffalo, NY 14203

Handicapped rights, legal advice/representation to developmentally disabled, housing problems-landlord/tenant, housing discrimination, entitlements, protection advocacy for mentally ill individuals.

**New York State**

(716) 845-3650

Established to provide legal services and assistance to persons within the mental health and mental retardation/developmental disability systems who are in need of advocacy.

**New York State Division of Human Rights**

(716) 847-7632

Suite 506, 65 Court St.

Buffalo, NY 14202

Contact to file housing or lending discrimination complaints under the New York Executive Law.

**New York State Justice Center for the Protection of People with Special Needs** Information 1-800-

624-4143; to report abuse and neglect 1-855-373-2122 <http://www.justicecenter.ny.gov>

Provides assistance to callers who have questions or concerns regarding disability issues and connects individuals to appropriate services

**Medical Providers:**

**Behavioral Medicine Clinic**

Dr. Jeffrey Lackner (716) 898-5671

Handles Pain & GI Issues (Including/Specializing in IBS, Migraines, Fibromyalgia, etc.). Also accepts workers comp. Does not Rx meds. CBT Focus.

**Harvest House Good Neighbors Healthcare (Medical, Dental & Vision)**

<https://www.harvesthousebuffalo.org/>

## **Mental Health Counseling/Clinics:**

### **Child & Family Services**

[www.cfsbny.org](http://www.cfsbny.org)

330 Delaware Avenue Buffalo, New York 14202 Phone:(716) 842-2750

Fax: (716) 842-0668

Child & Family Services has been your Greater Buffalo partner for more than 140 years, including counseling and support for adults, children, and families at any stage of life.

Everyone could use a little help from time to time. Our skilled team works to create a safe, confidential, and comfortable place for you to find the care and healing you need.

### **Erie County Department of Mental Health**

(716) 858-8530

<http://www.erie.gov>

95 Franklin St., Rath Building-12th floor Buffalo, NY 14202.

Plans, administers, and coordinates a countywide system of community based programs for mental health, mental retardation, alcohol and substance abuse. Services are provided on a contract basis by other agencies, County departments, or directly by the department

### **Endeavor Health Services**

(716) 895-6700

<http://www.mid-erie.org>

1526 Walden Ave., Suite 400

Cheektowaga, NY 14225

Promote mental health by offering child and adult mental health services and chemical dependency services.

### **Hillside Children**

585-256-7500

<http://www.hillside.com> 131 Orchard Park Rd. West Seneca, NY 14224

Dedicated to serving the needs of youth through providing mental health, child welfare, developmental disabilities, youth and family development, safety net, juvenile justice, and special education services.

### **Horizon Health Services**

(716) 831-1800

<http://www.horizon-health.org> 3020 Bailey Ave.

Buffalo, NY 14215

Not-for-profit Corporation that provides an array of comprehensive services to assist individuals with mental health and/or substance abuse issues.

### **Jewish Family Service of Buffalo & Erie County**

(716) 883-1914

<http://www.jfsbuffalo.org> 70 Barker St.

Buffalo, NY 14209

Multifaceted agency which delivers services by highly qualified professionals in psychiatry, psychology, nursing, social work and rehabilitation counseling.

**ADA Notes:** Building is not handicap accessible. Located on the second floor. Clients must be able to walk up two large flights of stairs to access most services.

**Best Self Behavioral Health**

(716) 884-0888

<https://www.bestsselfwny.org/> 255 Delaware Ave., Suite 300

Buffalo, NY 14202

Promotes self-sufficiency, wellness and recovery, and an enhanced quality of life for all individuals with mental illnesses and addictive disorders.

**Horizon Health Services**

(716) 831-1800

<http://www.horizon-health.org/>

Addiction & Mental Health Recovery in 28 locations across Western New York. Also offering Vocational Rehabilitation, Health Homes, Recovery Coaches, and more.

**Mental Health Association of Erie County, Inc.**

999 Delaware Avenue Buffalo, New York 14209 (716) 886-1242

<http://www.eriemha.org/>

Promotes mental health of the community through education, public information, prevention programs and training while supporting individuals and families living with mental illness.

**Mental Health Peer Connection**

(716) 836-0822, ext. 126

<http://www.wnyil.org/Mental-Health-PEER-Connection> 3108 Main St.

Buffalo, NY 14214

An agency of the WNY Independent Living that serves those who have been diagnosed with mental illness and/or substance abuse. They assist the individual through genuine peer mentoring in getting and staying out of institutions, maximizing community living, and/or becoming employed.

**NAMI (National Alliance on Mental Illness in Buffalo & Erie County)**

(716) 226-6264

<http://www.namibuffalony.org>

P.O. Box 146

Buffalo, NY 14223

A volunteer membership organization that supports families coping with a loved one who has a serious mental illness, advocates for improved mental health services and programs, and works to end the stigma associated with mental illness.

**Narin Eating Disorder Clinic**

<http://www.narinsedc.com/>

**Navigate Program at ECMC for First Time Psychosis**

(716) 898-3255 (Press 0)

462 Grider

<http://www.ecmc.edu/health-services-and-doctors/behavioral-health/behavioral-health-navigate-program/>

**Northwest Community Mental Health Center**

(716) 882-2127

<http://www.mentalhealthseicesbuffalo.com> PO Box 657

Buffalo, NY 14213

Services include counseling services, psychiatric services, substance abuse services, and drug and alcohol treatment.

**Restoration Society**

(716) 832-2141

<http://www.restoration-societyinc.org> 66 Englewood Ave.

Buffalo, NY 14214

Their mission is to assist all persons with mental health conditions to be successful and satisfied in environments of their choice. Services include: Homelessness, Housing, Community Integration and Wellness, Benefits Advisement, Parenting Support, Financial Literacy, Work Support, and an Amity Club.

**Spectrum Human Services**

(716) 828-1719

<http://www.shswny.com> 326 Orchard Park Rd. West Seneca, NY 14224

Services offered include a 24/7 Crisis Response for Families & Youth (C.A.R.E.S.), mental health counseling, chemical dependency counseling, and mental health and skills-building services.

**LGBTQ+ Specific Service Providers & Programs:**

**Buffalo/Niagara LGBTQ+ Chat Rooms** Mission Statement: <https://www.buffalolgbt.com/> Direct Join: <https://tiny.cc/buffalolgbt>

A **FREE** locally-owned LGBTQ+ service to connect hobbies, interests, and meet new friends. Let's connect our community like never before!

**The MOCHA Center**

1092 Main St.

Buffalo, NY 14209

716-852-1142

A space for LGBTQ (Lesbian, Gay, Bisexual, Transgender & Queer) people of color to network, socialize and address the various health issues faced around this region. The MOCHA Center hosts community events, offer supportive services to those in need, provide a link to PrEP (a life-saving HIV prevention medication), perform free HIV testing and sex education, and distributes free safer sex tools like condoms and lube to the community.

**Pride Center of Western New York Special Needs Equality Group (SNEG)**

Siobhan Fitzgerald- Cushing (716) 852-7743, ext. 3418

[sfitzgerald@pridecenterwny.org](mailto:sfitzgerald@pridecenterwny.org) 206 So. Elmwood Ave.

Buffalo, NY

Created to work with the community to make WNY a safe, healthy and satisfying place for lesbian, gay, bisexual, transgender, and queer identified people who have physical disabilities.