



Creole Blend

- 3 tablespoons paprika
- 1 tablespoon oregano
- 1 tablespoon black pepper
- 1 tablespoon onion powder
- 1 tablespoon garlic powder
- $\frac{3}{4}$ tablespoon salt
- $\frac{1}{2}$ tablespoon basil
- $\frac{1}{2}$ tablespoon thyme
- $\frac{1}{4}$ - $\frac{1}{2}$ cayenne pepper

Recipe Adapted from Recipes from a Pantry by Bantu



Greek Blend

- 1.5 tablespoon oregano
- 1 tablespoon basil
- 1 tablespoon garlic powder
- 1 tablespoon onion powder
- ½ tablespoon dill
- ½ tablespoon salt
- ½ tablespoon black pepper
- ½ tablespoon thyme
- ½ tablespoon cinnamon

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Italian Blend

1 tablespoon basil
1 tablespoon oregano
1 tablespoon rosemary
½ tablespoon thyme

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Curry Blend

- 3 tablespoons turmeric
- 3 tablespoons coriander
- 1 tablespoon plus $\frac{1}{2}$ teaspoon cumin
- 1.5 teaspoons garlic powder
- 1.5 teaspoons black pepper
- $\frac{3}{4}$ teaspoon cinnamon
- $\frac{3}{4}$ teaspoon cayenne pepper
- $\frac{3}{4}$ teaspoon ginger

Recipe Adapted from The Vegan 8



Taco Blend

- 1 tablespoon chili powder
- 1 tablespoon salt
- 1 tablespoon paprika
- 1 tablespoon cumin
- 1 tablespoon onion powder
- 1 tablespoon garlic powder
- 1 tablespoon oregano
- ½ tablespoon black pepper

Recipe Adapted from The Modern Proper